

# 2019 College Prep Teams

(15u-18u)

Our college prep program is geared toward athletes that are trying to pursue volleyball after high school. This also includes players still trying to decide if they want to pursue college volleyball. We place a huge emphasis on commitment for these teams. We are still committed to working with multi-sport athletes and would never require them to miss a high school sport activity. However, we do require that athletes in our college prep program are available to train and compete with us during their other high school sport seasons around that sport's schedule. Players need to be able to start in January with a minimum of observing Sunday practices. *\*Please email for questions about this.*

College prep teams will compete in 7-8 tournaments (Ex. - Omaha, Rochester, Louisville, Des Moines, Minneapolis) with national teams also competing at AAU Nationals in Orlando. These tournaments will have a high level of competition and are recruited heavily by college coaches.

We are committed to helping our players with the recruiting process through the use of a volleyrecruits.net 1-year membership, our full-time recruiting coordinator, optional recruiting video help, and our network already established with college coaches. We are very proud of our track record of alumni going on to play volleyball in college – we currently have 33 alumni playing collegiately and 12 college graduates. We are also very proud of our program's ability to help prepare athletes for their freshman year of college – through the class of 2017, over 70% of our alumni saw varsity playing time their freshman year!

Practices for our college prep program will be 2.5-3 hours long. Setters will be required to attend setter training one hour prior to practice start.

## College Prep Priorities:

- 1) Training/Player Development
- 2) Recruiting
- 3) After recruiting, preparing for college
- 4) Team Success

## Tryouts:

15u	November 18 <sup>th</sup>	8:00am-1:00pm
16u-18u	November 18 <sup>th</sup>	3:00pm-8:00pm

*\*Players will be selected in Groups to practice FOUR more times prior to final rosters being released.*

*Acceptances/Down Payments are required prior to these four practices (11/24, 11/25, 12/1, 12/2).*

## Max # of Teams:

18u – 2  
17u – 2  
16u – 3  
15u – 3

## Program Levels Offered:

National  
Regional

## Estimated Club Dues:

National: \$2,400  
Regional: \$2,000

**Adidas Gear Included in Club Dues:**

Jerseys (must return)  
Shoes  
Socks (3)  
Practice Tees (3)  
L/S Warm-up Tee

**Adidas Gear Not Included in Club Dues:**

\*Items can be re-used from previous years to save money if **correct color** and **Adidas** brand  
Kneepads (white)  
Spandex (navy)  
Cover-up Shorts  
Jacket  
Pants  
Backpack

**Other Items Included in Club Dues:**

USAV & AAU Memberships for player, coaches, & team  
Tournament Entry Fees  
Coaches' Salary  
Gym Rental  
Volleyrecruits.net 1-year membership for recruiting help  
Recruiting help from our recruiting coordinator  
Water Bottle  
Window Decal

\*National Teams: Van Rental, Groceries, Gas, & Parking Expenses

**AAU Nationals is a 7-Day mandatory, all-Inclusive team travel trip with parent chaperones.**

**Expected Extra Costs NOT Included in Club Dues:**

National:

- 1) AAU Nationals airfare & housing will be billed separately. Estimated \$650.
- 2) All other tournament travel expenses
- 3) Gear not included/ Spirit Wear

Regional:

- 1) All Tournament travel expenses
- 2) Gear not included / Spirit Wear