

**Ashley Wilson**

Kairos Class of 2013
 Augustana University – Middle Blocker

Being a part of Kairos was easily one of the best/ most eye opening experiences I have had as a volleyball player thus far in my life. I was able to compete and perform at a very high level alongside girls who used to be my opponents, and are now some of my best friends. Kairos has put South Dakota volleyball on the map and I am proud to have been a part of it. I learned more about the game and myself as a player in my 2 years in the program than I had in my many years playing prior to Kairos. I would recommend trying out for this program to anyone of any age who loves the game of volleyball and would like to play at a high level with some of the best athletes in the Midwest and for some of the best coaches. Kairos also offers an incredible amount of opportunities for players who would like to continue their volleyball career after high school and helps immensely in the recruiting process. I hear the club director is pretty cool too! Go Kairos!

**Stephanie Buss**

Kairos Class of 2014
 University of Tennessee – Middle Blocker

I played for Kairos Elite for 2 years and throughout that time my volleyball skills and knowledge of the game skyrocketed! We were always surrounded by coaches that were excited for us to get better and willing to go the extra mile to make sure we did. Playing for Kairos gave me opportunities to play in front of many D1 coaches and play against some of the top teams in the country. Mitch Lunning and the Kairos Elite staff helped me through the recruiting process and helped me achieve my greatest goal of playing volleyball at the D1 level! I recommend Kairos to any volleyball player who is looking to improve tremendously and potentially play in college. It is an great opportunity to meet some amazing girls and play with some of the best talent in the area!

**Courtney Place**

Kairos Class of 2015 – AAU All-American – 2015 National Championship 18u Team
 University of North Dakota – Outside Hitter

Kairos was one of the best decisions I ever made. Not only did it get me ready for college, but it gave me a close family. The friendships I made were well worth the long drive every couple days. The coaches always are finding ways to help improve players. They are easy to go up to and ask questions. They also set high standards that push you to become better. One of the things I loved most was the competitive atmosphere. Whether it was scrimmaging, drills, conditioning, or running hills, everyone gave their best effort and always encouraged each other while doing so. Overall my Kairos experience got me ready for the collegiate level and I enjoyed it with some pretty special people.

**Ellie Benson**

Kairos Class of 2014
 South Dakota State University – Defensive Specialist

I had the best experience with Kairos, and I am so glad I played with them a year before I started college. It introduced me to better competition and a faster pace of volleyball, which would help me at SDSU. I wish I would have had the opportunity to play Kairos at a younger age because it would have improved my skills, and I wouldn't have had to break old habits my senior year. Besides volleyball, Kairos gave me a community, and I made lifelong friendships with girls from all over. I am so thankful for this club, the coaches, and the teammates that have impacted my life.

**Taryn Kloth**

Kairos Class of 2015 – 3x AAU All-American - 2015 National Championship 18u Team
 Creighton University – Outside Hitter

I loved my years at Kairos Elite Volleyball. Every year was filled with amazing teammates that I am still in contact with, high-energy practices, and coaches that really care. I love the idea of all the different states and schools combining to play this amazing game together. I can honestly say that I have been challenged and pushed to the limits every time that I stepped in the gym, and everyone will be held accountable to do the same thing. Working hard at practice and on the workouts outside of practice will train you mentally and physically to be able to achieve all of your dreams. The coaches' dedication to the success of every girl that walks onto the court is the main difference. No one will care about you more than them, always remember to try your very best and keep a positive attitude and you will go far. Control the things that you are able to control and the rest will fall into place. Remember that when in practice and you are being critiqued, the best way to improve is to focus on the little things that you are told frustration will never do you any good. I love this club, and I miss it dearly!

**Maggie DeJong**

Kairos Class of 2014
 University of Louisville – Middle Blocker

Kairos Volleyball has been such an incredible experience for me. This club helped me improve my skills while introducing me to so many great people. My teammates have become some of my best friends and we made memories that will last a lifetime. Kairos opened so many doors for my future. Without it I would not be where I am today!