

# 2019 Youth Teams

(10u-12u)

Our youth program is designed to help new volleyball players learn the game, have fun, and develop their skills. This program is designed to prepare athletes for our high school prep program (13u-14u) and junior high volleyball. We will also form regional teams for more experienced players seeking a higher level of competition. Teams will begin in January with practices. All youth program players are expected to maintain a high level of commitment to their team.

We will host 3 in-house playdates that will allow all of our youth teams to compete against each other with a “tournament feel” without the added travel cost. Players will also learn how to officiate during these playdates. Family & friends are welcome to attend the playdates. Local level teams will also compete at three local tournaments with their season ending in April. Regional level teams will compete in all the local level team events and will also attend 3 multi-day tournaments (Omaha, Rochester, & Des Moines) with their season ending in May.

Practices for our youth program will be 1.5 hours long. There will also be optional 30-minute training sessions prior to each practice.

## Youth Teams Priorities:

- 1) Having Fun
- 2) Increasing Volleyball Knowledge
- 3) Training/Player Skill Development
- 4) Preparing for our High School Prep Program (13u-14u)

## Tryouts:

10u-11u:	November 1 <sup>st</sup>	5:00pm-9:00pm
12u:	November 2 <sup>nd</sup>	5:00pm-9:00pm

## Max # of Teams:

**\*It is our goal to keep everyone that attends Youth tryouts! We are limited by space, but are committed to finding options!**

11u – 3-4  
12u – 3-4

## Program Levels Offered:

Regional  
Local

## Estimated Club Dues:

Regional:	\$1,300
Local:	\$700

## Adidas Gear Included in Club Dues:

Jerseys (must return)  
Shoes  
Socks (3)  
Practice Tees (3)  
L/S Warm-up Tee

**Adidas Gear Not Included in Club Dues:**

\*Items can be re-used from previous years to save money if **correct color** and **Adidas** brand

Kneepads (white)

Spandex (navy)

Cover-up Shorts

Jacket

Pants

Backpack

**Other Items Included in Club Dues:**

USAV & AAU Memberships for player, coaches, & team

Tournament Entry Fees

Coaches' Salary

Gym Rental

Water Bottle

Window Decal

**Expected Extra Costs NOT Included in Club Dues:**

Regional:

1) All Tournament travel expenses

2) Gear not included/ Spirit Wear

Local:

1) Gear not included/ Spirit Wear